

# delicious dish

## Cashew Chicken

Produce	Pantry	Tools and Prep	Meat/Fish/Chicken Freezer Dairy
garlic 1 onion 1 fresh long yellow banana pepper, optional 1 fresh long red chili 3 green onions	All purpose flour or any flour grape seed oil or any vegetable oil Small handful dried Chilis de Arbol or chili flakes ½ cup raw cashews dark sweet soy sauce or Kecap Manis fish sauce brown or coconut sugar low sodium soy sauce or tamari	wok or fry pan	2 boneless, skinless chicken breasts