

delicious dish

Almond Milk

Produce	Pantry	Tools and Prep	Meat/Fish/ Chicken Freezer Dairy
	4 medjool dates 1 vanilla bean or vanilla extract 1 cup raw almonds cinnamon salt	Blender Nut Milk Bag (order this online) for use a cheesecloth PREP Soak almonds for at least 4 hours	