

# delicious dish

## BLUEBERRY Pie Oat Bars

Produce	Pantry	Tools and Prep	Meat/Fish/ Chicken Freezer Dairy
	2cup oats 1½ cups oat flour 1½ tbsp. ground flax seed maple syrup coconut oil ½ cup shredded unsweetened coconut arrowroot powder or cornstarch almond extract, optional	small pot mixing bowl 8 by 8 or 9 by 9 inch brownie pan  <b>PREP</b> Gather all ingredients together in one area	3 cups frozen Blueberries (or any berries)