

delicious dish

Cornbread

Produce	Pantry	Tools and Prep	Meat/Fish/ Chicken Freezer Dairy
	155grams/ 1 cup cornmeal, I use Bob's Redmill Medium Stone Ground Cornmeal 1 cup AP flour 1/3 cup sugar baking powder sea salt or kosher salt Optional Ingredients 1 minced jalapeño pepper 1/2 cup shredded cheese	12 inch cast iron skillet or 8 by 8 pyrex 2 mixing bowls whisk	1 cup buttermilk* or use milk and a little lemon or vinegar 1 stick unstated butter 1 egg