

Moody Spaghetti Aglio e Olio

Produce	Pantry	Tools and Prep	Meat/Fish/ Chicken Freezer Dairy
about 1 pound of greens 5 cloves garlic, smashed and chopped	kosher salt coarsely ground black pepper I bag of spaghetti crushed red pepper flakes flaked sea salt, I use Maldon	pot for pasta large fry pan	freshly grated Parmesan cheese