

delicious dish

Italian Seaside
Grocery, Tool List and Prep list

Recipe Title	Grocery Fresh	Grocery Dry	Tools Needed	Prep Ahead
grilled swordfish	1 large shallot 1 lemon or red wine vinegar 1 fresh parsley 1 jalapeno or red chili pepper 2 12-oz. swordfish steaks, about 1" thick 2 large heirloom tomatoes, or regular beefsteak tomatoes	Honey Capers Extra virgin olive oil kosher salt Freshly ground black pepper Toasted pine nuts Oil spray for the grill	grill mixing bowl	n/a
Peach and Burrata Salad	2 ripe in-season peaches 1 ball of burrata cheese 5 basil leaves Honey Slivered almonds	Aged balsamic vinegar Extra virgin olive oil		