

Greek Cooking - Part 1 Grocery,Tool List and Prep list

Recipe Title	Grocery Fresh	Grocery Dry	Tools Needed	Prep Ahead
Greek Chicken with Bulgur Salad	For the Chicken 4 lemons 3 cloves garlic 1½ -2 lbs boneless chicken breast or thighs 2 bunches flat-leaf parsley leaves 1 red onion	Extra virgin olive oil Ground turmeric Paprika 1 cup pitted kalamata olives 1 cup coarse bulgur	8-12 metal or wooden skewers (if you use wood skewers, soak them first), or do not use skewers at all	
baklava cigars	1 stick (¼ lb/½ cup) unsalted butter 1 lemon	11 lb package of phyllo dough For the filling: 300g - a little over ½ lb. unsalted raw shelled pistachios, almonds, and walnuts, I like a mixture. Granulated sugar Ground cinnamon Honey Orange flower water or rosewater, optional	Pastry brush 9x9 or a small rectangular metal or pyrex baking pan with straight sides	defrost phylo OVERNIGHT in the fridge Melt butter