

# delicious dish

**Monday Night Dinner Series – Meal in a Bowl and Focaccia, Nov 9, 2020 @5pm  
Grocery, Tool List and Prep list**

Recipe Title	Grocery Fresh	Grocery Dry	Tools Needed	Prep Ahead
<b>homemade focaccia with grated tomato and zaatar</b>	2-3 roma tomatoes Fresh garlic	All purpose flour Sugar INSTANT QUICK RISE dry yeast Salt Olive oil Zaatar Coarse sea salt (I like Maldon)	Standing mixer with dough hook or by hand Box grater	Have all ingredients ready on hand
<b>moroccan spiced lentil, barley soup with chicken (optional)</b>	4 large chicken thighs, boneless and skinless (if using) 2 carrots 1 small onion 1 flat leaf parsley 1 cilantro Fresh garlic Fresh ginger 1 5 ounce box baby spinach 1 lemon	Olive oil Whole cumin seed Ground turmeric Paprika Cinnamon 1½ cups red lentils 1 28-oz can San Marzano tomatoes 8 cups chicken or vegetable stock Pearl barley	Soup pot or Instat pot	All vegetables washed and peeled if necessary