

delicious dish

**Authentic Rustic Italian with Mama Rosa from Trattoria 7 Numbers
Grocery, Tool List and Prep list**

Recipe Title	Grocery Fresh	Grocery Dry	Tools Needed	Prep Ahead
homemade cavatelli pasta		Flour AP Semolina flour	large wood board	
cavatelli with rapini	Cherry tomatoes 1 pound rapini Anchovy fillets Fresh garlic Pecorino Romano Fresh basil	Extra virgin olive oil Chili flakes Extra virgin olive oil	Shillet	Wash rapini
calamari fritti	Whole calamari (or oyster mushrooms) 1 lemon	Flour Vegetable oil Salt Pepper	Deep pot (it does not need to be large) for frying Slotted spoon Pair of scissors	Have all ingredients ready