

delicious dish

**The Chinese Table
Grocery, Tool List and Prep list**

Recipe Title	Grocery Fresh	Grocery Dry	Tools Needed	Prep Ahead
sesame peanut noodles	Fresh ginger Fresh garlic 3 green onion 1 English cucumber	454 grams Chinese egg noodles, dried or fresh or chow mein noodles Sesame oil Neutral oil, grapeseed, sunflower, canola Low sodium tamari or soy sauce Rice vinegar Tahini Smooth peanut butter (or additional tahini) Brown sugar Chile-garlic paste (LINK) or (LINK) (Sambal Olek or Lee Kum Kee Chiu Chow Chili oil) Toasted sesame seeds	Wok or large fry pan	Have all ingredients ready
mongolian beef stir fry	2/3 lb of NY strip steak, or another well marbled piece of meat. Fresh garlic 8 green onions Cooked rice for serving, optional	Hoisin sauce Chili bean sauce (LINK) Sunflower or grapeseed oil Mirin Sesame oil Baking soda Cornstarch Sugar	Wok or large fry pan	Have all ingredients ready